



Gharda Foundation's
GHARDA INSTITUTE OF TECHNOLOGY

A/P: LAVEL, TAL. KHED, DIST. RATNAGIRI.

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(Approved by AICTE New Delhi, DTE Maharashtra State & Affiliated to Mumbai University)

Department of Computer Science and Engineering(AIML)
CSE(AIML)

A Report on Art of Living Introduction Event 2024-25 Odd Sem

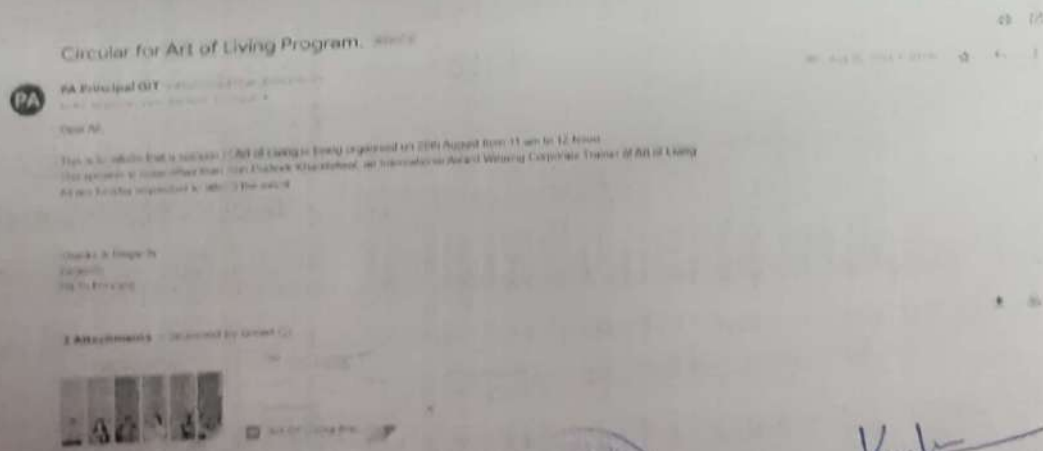
Date : Wednesday 28th August 2024

Time : 11:00am to 12:00pm

Mode of Conduct: Offline

Venue : Auditorium

The BRAINS Committee of the department of Computer Science and Engineering(AIML) has conducted an introduction event for the 'Art of Living' program for the 2024-25 Odd Sem on .The mail regarding the same was sent by the principal of the college. Below is the screenshot of the sent mail.



V.S. Kolge
Prof.V.S.Kolge
Staff Coordinator



Khandke
Prof.M.A.Khandke
HOD CSE(AIML)

Department of Computer Science & Engineering
Artificial Intelligence & Machine Learning
Gharda Institute of Technology
A/P. Lavel, Tal. Khed, Dist. Ratnagiri 415708

After the arrival of the guest at the college campus and their meet and greet with some college faculties and organizing team members the session started at around 11:00 am. The guest speaker was Shri Prateek Khandelwal, an International Award winning corporate trainer of Art Of Living. He welcomed all in the session and gave an Introduction of the Art Of Living program. He told everyone the benefits of living life to the fullest. He also made the present members some activities and tasks. At the end of the session the dates of the program were announced that were from 1st to 4th of October.

Then for around a month starting from 1st of September the team members of the Art Of Living team were busy in taking registrations of the students from college. One of our committee member Vaishnavi Chavan was also involved in taking student registrations from the students.

The mail regarding the program was sent by Vaishnavi Chavan to all students. Below is the screenshot of the mail. Also WhatsApp messages were sent on the respective WhatsApp groups of the students.

From: CSE(AIML) CHAVAN VAISHNAVI SURAJ SHARAYU <en23151623@nitk.edu.in>
Date: Fri, Sep 27, 2024, 2:45 PM
Subject: The Art of living registration link
To: GIT On Roll Students <gitstudents@nitk.edu.in>

THE ART OF LIVING'S
Happiness Course for Youth

Benefits

- Learn Techniques for Peace of Mind & to be Stress-Free
- Learn to be free from Fear, Anxiety & Depression
- Learn to improve the quality of your life by bringing about work-life balance
- Learn how to boost confidence & creativity
- Improve your Communication skills and Interpersonal Relationships

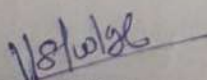
Dates: 1st October - 4th October
(Tuesday to Friday)

Venue: GIT College Auditorium

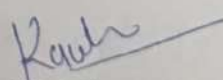
Time: 5 pm - 6 pm

Link to register: <https://bit.ly/3Z746>

For Enquiries: 7766018532/776670480


Prof. V.S. Kolge
Staff Coordinator




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Some pictures of Introduction Session of the Art Of Living Program :



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A/P. Level, Tal. Khed, Dist. Ratnagiri 415708

Following are the pictures of attendance sheets of the present students :

Art of Living

Sl. No.	Name	Dept.	Year	Sign
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Art of Living

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Art of Living

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Art of Living

Sl. No.	Name	Dept.	Year	Sign
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Prof.V.S.Kolge
Staff Coordinator



Kulkarni
Prof.M.A.Khandke
HOD CSE(AIML)
Head

Department of Computer Science & Engineering
Artificial Intelligence & Machine Learning
Classroom

Feedback of Art of Living Introduction Session :

Art Of Living Introductory Session Feedback

Name: Shruti Kulkarni
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?	<input checked="" type="checkbox"/>		
3.Your experience of the activities	<input checked="" type="checkbox"/>		

Any Suggestions:

Art Of Living Introductory Session Feedback

Name: Sahil Anil Patil
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?		<input checked="" type="checkbox"/>	
3.Your experience of the activities		<input checked="" type="checkbox"/>	

Any Suggestions:

Art Of Living Introductory Session Feedback

Name: Devi Anurag Patil
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?	<input checked="" type="checkbox"/>		
3.Your experience of the activities	<input checked="" type="checkbox"/>		

Any Suggestions:

Art Of Living Introductory Session Feedback

Name: Kavya Poojitha
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?	<input checked="" type="checkbox"/>		
3.Your experience of the activities		<input checked="" type="checkbox"/>	

Any Suggestions:

Art Of Living Introductory Session Feedback

Name: Shruti Anil Patil
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?	<input checked="" type="checkbox"/>		
3.Your experience of the activities	<input checked="" type="checkbox"/>		

Any Suggestions:

Art Of Living Introductory Session Feedback

Name: Arushi Pratik Patil
 Class: IT (Sem 1)

Please rate the following event according to your experience

	Good	Average	Bad
1.How was the overall session?	<input checked="" type="checkbox"/>		
2.How were the lessons from the session?	<input checked="" type="checkbox"/>		
3.Your experience of the activities	<input checked="" type="checkbox"/>		

Any Suggestions:

Prof.V.S.Kolge
 Staff Coordinator



Korchi

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